



1124 Arnold Drive (next to Taco Bell), Martinez
 www.try-ata.com • (925) 957-9383

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2:45-3:15 Private Lesson By App't Only	2:45-3:15 Private Lesson By App't Only	2:45-3:15 Private Lesson By App't Only	2:45-3:15 Private Lesson By App't Only	2:45-3:15 Private Lesson By App't Only	9:30-10:00 ATA Tigers White-Yellow
3:30-4:00 ATA Tigers White-Yellow	3:30-4:00 ATA Tigers Camo-Red	3:30-4:00 ATA Tigers White-Yellow	3:30-4:00 ATA Tigers Camo-Red	3:30-4:00 ATA Tigers White-Yellow	10:00-10:30 ATA Tigers Camo-Red
4:00-4:15 Tigers Leadership	4:00-4:15 Tigers Leadership	4:00-4:15 Tigers Leadership	4:00-4:15 Tigers Leadership	4:00-4:15 Tigers Leadership	10:30-11:15 Leadership Jiu-Jitsu
4:15-4:45 ATA Tigers Camo-Red	4:15-4:45 ATA Tigers White-Yellow	4:15-4:45 ATA Tigers Camo-Red	4:15-4:45 ATA Tigers White-Yellow	4:15-4:45 ATA Tigers Camo-Red	11:15-12:00 Family White-Red
4:45-5:15 Leadership	4:45-5:30 Family White-Red	4:45-5:15 Leadership	4:45-5:30 Family White-Red	4:45-5:30 Family White-Red	12:00-12:45 Family Sparring
5:15-6:00 Family White-Red	5:30-6:00 Leadership	5:15-6:00 Family White-Red	5:30-6:00 Leadership	5:30-6:00 Leadership	12:45-1:30 Family Forms Bootcamp
6:00-6:30 Legacy	6:00-6:45 Family White-Red	6:00-6:30 Legacy	6:00-6:45 Family White-Red	6:00-6:45 Family Black	Call for Info:
6:30-7:15 Family Black	6:45-7:15 Legacy	6:30-7:15 Family Black	6:45-7:15 Legacy	6:45-7:45 Demo Team	Birthday Party By App't Only
7:15-7:45 Leadership	7:15-8:00 Family Black	7:15-7:45 Leadership	7:15-8:00 Family Black		
7:45-8:30 Family White-Red	8:00-8:30 Leadership	7:45-8:30 Family White-Red	8:00-8:30 Leadership		